



**autism plus**

Specialist Employment Support

## SPECIALIST TRAINING AND CONSULTANCY SERVICES

Bespoke Training to Suit Individuals and Organisations



**autism plus**

ADDING VALUE TO LIVES

# Training and Consultancy Services

Autism Plus is a specialist provider of Health, Social Care and Employment Services for Adults with Autism Spectrum Conditions. Founded in 1986 we have over 30 years experience of supporting adults with a range of needs, to overcome barriers and lead full and rewarding lives.



We have over 30 years experience delivering training to our own care teams to ensure they are specially equipped with the skills and knowledge to meet the needs of the diverse individuals we support.

*"I've never gained so much knowledge from one course."*

We are now offering our experience to external organisations and companies who are seeking to upskill their organisations and teams to better meet the needs of individuals with Autism Spectrum Conditions.

*"Brilliant, such an inspirational trainer."*



Whether you are looking for a basic understanding for one or two staff, or you are looking for a more detailed package of training for your wider organisation we have a range of services to suit your needs.

# Training for Professionals

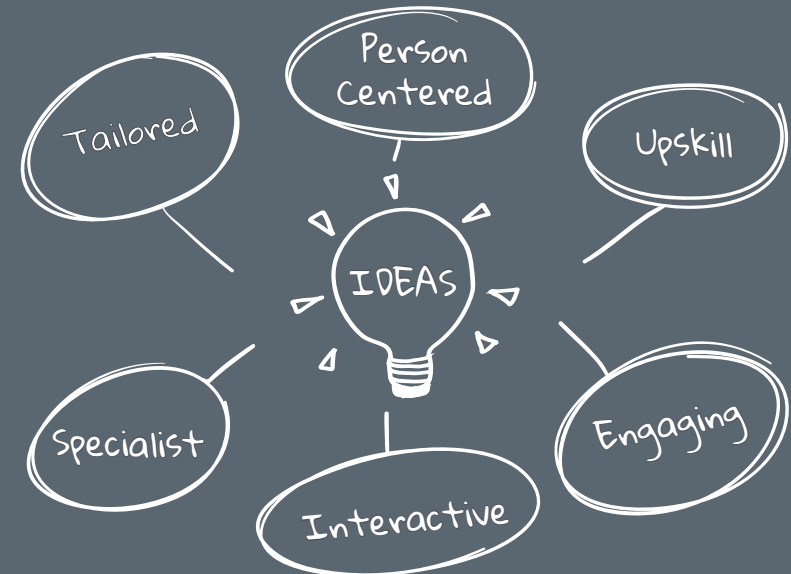
## Introduction to Autism Spectrum Conditions

A half day tutor led session covering an Introduction to Autism Spectrum Conditions, delivered via zoom or face to face depending on demand.

Our individual sessions are extremely cost effective and may suit smaller organisations who are looking to upskill one or two staff members. Our courses are advertised on our website and bookable on eventbrite.

For more information please visit our website

[www.autismplus.co.uk/training](http://www.autismplus.co.uk/training)





## Training for Organisations

Our training for organisations has been specially built with Inclusion and Diversity in mind, helping organisations better understand the needs of individuals with autism. This training is a half day programme that has been specially designed to give an insight into the challenges faced by individuals with autism and how you as professionals can make a difference by changing your approach or sharing your knowledge across your organisation or team.

*Our half day programmes start from £300 + VAT (depending on location)*



## Enhanced Training

Our enhanced package can be bolted onto the half day programme to tailor the training to suit individual needs. This is delivered as a full day programme, with the Introduction programme in the morning and the afternoon specifically designed to meet your needs, whether this be as an employer, provider, service or voluntary organisation.

*Our full day enhanced programme starts from £490 + VAT (depending on content and location)*



All of our packages can be delivered face to face at your chosen location or via zoom. If your teams are split across several areas, zoom is the perfect solution to bring them all together in one remote tutor led session.

**Contact us today to discuss your individual needs.**

## Training for Individuals with Autism Spectrum Conditions

We offer tailored training to suit individuals with autism, this could be for an individual themselves seeking to upskill themselves and gain confidence in their own disability, or to small groups within an organisation.

Courses available for individuals are:

**Five Ways to Wellbeing** – aimed at helping individuals understand their own needs, identify ways to improve their wellbeing and develop personalised action plans.

**Autism & Me** – Aimed at employees with autism who are seeking to better understand their own diagnosis and how this might affect them at work.

**Employability** – Bespoke course aimed specifically at supporting adults with autism to overcome barriers and move closer to paid employment.

Our training for individuals is demand led, therefore we recommend you contact us to find out when and where the next course will be delivered and to discuss your individual needs. These courses can also be commissioned to suit local or organisational needs. If you are seeking a course to suit a group please contact us to find out more.

## Consultancy Services

We offer privately funded consultancy support to organisations across the UK. From conducting research and leading events to better understand the local needs of adults with autism, through to individual workplace assessments. We are experienced in offering a range of support and guidance at all levels. Contact us to discuss your individual needs.

## How To Book

**Visit:** [www.autismplus.co.uk/training](http://www.autismplus.co.uk/training)

**Email:** [sts@autismplus.co.uk](mailto:sts@autismplus.co.uk)

**Telephone:** 0114 3840284

All of our training is designed and led by our Specialist Training Facilitator and a certificate is provided on completion of each course.